

**Frostbite Yacht Club – Connecticut River Squadron, Inc.**

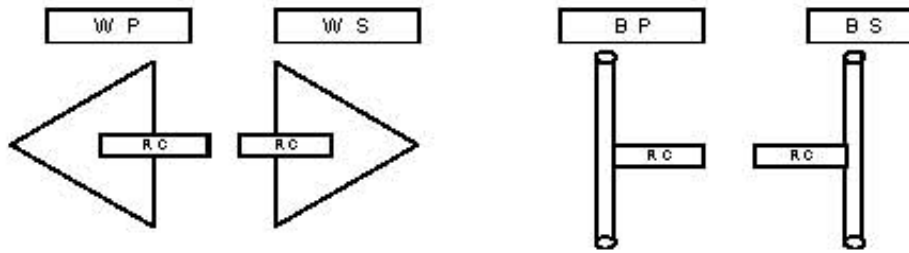
**Frostbite Yacht Club – Manhasset Bay Yacht Club**

**Yacht Club Challenge - 2012**

### **Sailing Instructions**

- 1 - RULES:** All races will be governed by the current rules as defined in the 2009-2012 Racing Rules of Sailing, the Notice Of Race (NOR), the Ideal 18 Class Rules, and these Sailing Instructions.
- 2 - NOTICE TO COMPETITORS:** Notices to competitors will be posted on the official FBYC bulletin board located in the Essex Yacht Club near the payphone.
- 3 - CHANGES IN THE SAILING INSTRUCTIONS:** Any changes will be posted on the official notice board before 0930 on the day that the changes will take effect.
- 4 - SIGNALS MADE ASHORE:** Announcements made ashore shall be through the FBYC Commodore, Vice Commodore, PRO or FBYC Ideal 18 Fleet Captain.
- 5 - SCHEDULE OF RACES:** The first warning will be made at 1100. All boats are requested to sail by the stern of the Race Committee boat and check in prior to the first warning signal.
- 6 - ENTRIES:** Boats are required to file a completed registration/waiver form before the start of racing. Failure to do so will result in that boat not being scored.
- 7 - CLASS SHAPE:** The Ideal 18 class shape is Blue.
- 8 - SAFETY:** All sailors shall wear zipped or tied USCG approved PFDs at all times while on the water. **Any boat withdrawing from a race shall notify the Race Committee or a crash boat.** Should notification be impractical, the boat must make every effort to contact RC once ashore either through EYC personnel, cell phone or any other means available. All boats shall grant the right of way to commercial traffic. In the case of commercial traffic or an on the water emergency, competitors will be notified via crash boat, signal boat, or radio to head to a designated area and await further instructions. All boats are subject to inspection at any time. It is recommended that all Ideal 18's carry a VHF radio able to send and receive on channel 69. The Race Committee and crash boats reserve the right to send an individual competitor into the dock for the day for any reason. Failure to obey the RC and/or crash boat may result in a boat receiving a DSQ for all races that day. This modifies RRS A5.
- 9 - THE COURSE:** The courses will be as follows:
- WP** : Triangle with all turning marks to Port
  - WS** : Triangle with all turning marks to Starboard
  - BP** : Windward-Leeward with all turning marks to Port
  - BS** : Windward-Leeward with all turning marks to Starboard.

A course with the number **2** after it will be sailed twice.



**10 - MARKS:** Primary Turning Marks will be white and blue spheres with a yellow flag on a staff. The letter **A** following the regular course signal will indicate that an Alternate Windward mark will be used, which will be an orange sphere with an orange flag on a staff.

The Primary Turning Mark and the Alternate Windward Mark may be in the water at the same time.

**11 - THE START:** Races will be started in accordance with Appendix S (3 minute sequence). The starting line will be between a white flag on the RC boat (Fair and Square) and a white flag buoy located on the port side of the RC boat. In the event of a General Recall, the RC may use a 2 minute sequence should conditions warrant. This modifies Appendix S3.

**12 - THE FINISH:** The finish line will be between an orange flag on the race committee boat and an orange ball located on the starboard side of the committee boat. No boats shall pass through the finish line unless they are on the last leg of the race.

**13 - ALTERNATIVE PENALTY SYSTEM:** The two turn alternate penalty is in effect. If a boat elects to take the alternative penalty they should notify the signal boat upon finishing.

**14 - TIME LIMIT:** The time limit will be 45 minutes per race. A yacht finishing more than thirty (30) minutes after the first yacht has finished or after the time limit, whichever is later, will be scored TLE. The Race Committee may award the last three yachts their positions should conditions make it impractical to await their finish. This changes RRS 35.

**15 - PROTESTS:** Rule 61.1 is changed so that Ideal 18s need to fly a protest flag. Protests shall be reported to the RC boat upon finishing. Protests will be heard as soon as possible after the day's racing. Protests shall be written on forms available from the Race Committee and lodged within thirty (45) minutes from the time the RC returns to the dock.

**16 - SCORING:** Low Point Scoring System Appendix A will be used. If there is contact between boats, there will be a 1 or 2 point scoring penalty applied to the boat and team that loses the protest. The amount of penalty will be decided by the Protest Committee depending on severity of contact.

**SPECIAL INSTRUCTIONS:** All vehicles must be parked in the grass/gravel lot located at the back of Essex Yacht Club. There is no parking on any pavement permitted. Failure to comply may result in a DSQ for the day's racing. The consumption of alcoholic beverages not purchased at Essex Yacht Club is forbidden. Drinking can only take place in the bar at Essex Yacht Club. Failure to comply may result in a DSQ for the day's racing. This changes RRS A5.